

# केरल केन्द्रीयविश्वविद्यालय

### CENTRAL UNIVERSITY OF KERALA

### Department of Social Work, School of Social Sciences

Tejaswini Hills, Periye P.O, Kasaragod, Kerala, India- 671 316

### MINUTES OF THE BOS MEETING- SOCIAL WORK -12<sup>TH</sup> APRIL 2018 Venue: Conference Board room, CUK, Periye

#### Members present:

Dr. Mohan A K Chairperson BOS

Dr. Jilly John (Member)

Prof. (Dr) Sekar (External Member)

Dr. Rameela Shekar (External member)

Dr. Ashalekshmi (Member)

Dr. Dilip Diwakar G (Invited guest)

Dr. Laxmi (Invited Guest)

### Agenda for the BOS Meeting

- Inclusion of the old age pension scheme in the curriculum
   It can be included in Unit II of the Social Policy and Social Legislation syllabus
- 2. New Open Elective Paper
  - i) Gender and society
  - There should be five units and each unit should have minimum of five subunits to give scope to ask specific questions
  - Gender concepts should be included
  - Sex and sexuality
  - Rather than sex ratio it has to be comprehensive to understand on the concept
  - Positive aspects of gender should be included- Participation and decision
  - Newer issues- Male harassment committee
  - Even the new judicial judgments
  - Third gender
  - Different teaching methodology should be adopted to make it more interactive and interesting
  - Case studies- Sumangali thittam, Devadasi, etc
  - Visit to organization working on these aspects
  - IEC to the community
  - It looks like debate, it should be more specific.
  - We will rework the syllabus and circulate among the members
  - International women's fest in Kerala
  - ii) Gerontological Social Work
    - Unit I- Instead of Concepts of elderly it should be concepts gerontology
       Instead of elderly the terminology should be changed to gerontology in all the units
    - Unit II- Psycho-Social Support- Issues on psycho-social aspects of the elderly and health issues. Also include the economic, safety, coping and other issues in unit II.
       Support or interventions required to address their problems
    - Unit III- The remaining aspects will remain same.
    - Unit IV- Protective community and Caring community,
       Visit to organizations for practical exposure- eg. Calicut NIMHANS, nearby organization
       Tool word can be avoided as it is not necessary
    - Unit V- Policies and programmes for elderly- Bring the Act pertaining to elderly, Human rights perspectives, programmes for uncared aged, caring of the careers.

हा. महत्र प्रे Dr. Mohan A K उपासरी/Associate Professor समाजकार्य विभाग/Department of Social Work

केरल केन्द्रीय विश्वविद्यालय/Central Manager vala



## केरल केन्द्रीयविश्वविद्यालय

### CENTRAL UNIVERSITY OF KERALA

### Department of Social Work, School of Social Sciences

Tejaswini Hills, Periye P.O, Kasaragod, Kerala, India-671 316

### iii) Participatory Methods for Planning and Management

- Unit III- Techniques of Participatory Matrix Tools need to be developed
- Unit V- It should have practical aspects the proposal should be prepared based on their practical experience
- iv) Community Health and Hygiene

Mental health, Social health, Spiritual Health can be added

Yoga, integrative medicines

Alternative/indigenous methods

- Credits for rural camp, internship and block placement
   Two credits are approved for Rural camp and study tour 7-10 days.
   Four credits are approved for internship and Block Placement
- 4. Changes suggested in social policy and social legislation is approved by the BOS

#### Other Issues Discussed

Recommendations for New courses

- 1. Addiction related interventions
  - · Technological additions
  - Social network-
  - Internet
  - Drugs
- 1. Diploma in Psychiatric Social Work

Mental Health Act- in force in July 2018. The definition of the SW there is a gap

Collaboration with the Mental Health Hospital

Department of Psychiatry to have collaboration with

2. Virtual Knowledge network course

Signature of BOS Members

Prof. (Dr) Sekar (External Member)

Dr. Rameela Shekar (External member)

Dr. Mohan A K, Chairperson BOS

Dr. Ashalekshmi (Member)

Dr. Jilly John (Member)

Dr. Dilip Diwakar G (Invited guest)

Dr. Laxmi (Invited Guest)

Dhug:

डॉ. महिन ए के Dr. World R.S. Work
डॉ. महिन ए के Dr. World R.S. Work
बमाजकार्व कियाग/Department of Social Work
बमाजकार्व कियाग/Department University of Kerala
करने कियाग/Department University of Kerala
करने कियागिवालय/Central University of Kerala
करने कियागिवालय/Central University of Kerala



# केरल केन्द्रीय विश्वविद्यालय

# CENTRAL UNIVERSITY OF KERALA

Tejaswini Hills, Periye P.O, Kasaragod, Kerala, India- 671 316 DEPARTMENT OF SOCIAL WORK

Date:12<sup>th</sup> April 2018

# Board of Studies meeting Attendance Sheet

SI. No.	Particulars	
1		Signature
1	Dr. Mohan A K,	
	Chairperson BoS,	010
	Department of Social Work, Central University of Kerala.	Mark
2		12/4/
	Member, Professor of PSW,	
	NIMHANS, Bangalore.	1
	Dr.Rameela Shekhar,	Mr. EHIB
	Member, Professor and Dean	RShelela
	Department of Social Work Posts 1211	128 heles
	Department of Social Work, Roshini Nilaya Mangalore.  Dr.B T Lawani Member District Nilaya Mangalore.	RShuller
		1001
5	Sciences, Bharati Vidyapeeth University, Pune.	- ABSENI
	Prof. L Tarabai, Member, Former Professor and head, Madurai Kamaraj University, Madurai.	
6	Dr.Jilly John,	-ABSENT
1	Member Assistant P. C.	0.7
	Member, Assistant Professor, Department of Social Work Central University of Kerala	Market
7	Dr Ashalakahari D. C.	July 12/4/18
	Dr. Ashalekshmi B S, Member.	1:1
		Heter.
		12/04/18
I	Dr. Dilip Diwakar nvited	(10.1
		0001
D	Assistant Professor, Department of Social Work Central University of Kerala	MILAMUS
	Dr.Laxmi	1 12/4/1
	nvited	0
		May 8
	Assistant Professor, Department of Social Work Central University of Kerala	12-70

डॉ. मोहन ए के/ Dr. Mohan A K

उपाचार्य/Associate Professor - Chairman समाजकार्य विभाग/Department of Social Work 605. येत्रल केन्द्रीय विश्वविद्यालय/Central University of Kerala तेजस्विनी हिल्स, पेरिया/Tejaswini Hills, Periye

कासरगोड/Kasaragod. पिन/Pin 671316

www.cukerala.ac.in E-mail: mswcukerala@gmail.com Ph. No: 04672233372

### SSW 5016- ADVANCED COURSE IN PSYCHIATRIC SOCIAL WORK

### **Course Objectives**

- Know the roles of psychiatric social workers in different settings Imbibe the concepts of prevention and promotion
- Learn on psychosocial care, welfare measures and researches in psychiatric social work
- Understand the policies, laws and legislations on mental health

#### Course Outline

#### Unit 1 Traditional mental healthcare settings and Psychiatric Social Workers

Mental health centers (hospitals), services in district/medical colleges Child and adolescent clinics, Epilepsy clinics, geriatric clinics De-addiction and family therapy centers, Rehabilitation centers – Short/Long Term Care, day care, half way, quarter way, sheltered accommodation, hostels, home care, Psychiatric social worker as a multidisciplinary team member in various settings Social welfare provisions for persons with mental health issues

### Unit 2 Prevention and promotion of mental health

Suicide prevention programme, Children and adolescents - life skills education, student enrichment programme, counselling cell - training program for students, teachers and staffs, Adults - pre-marital counselling, family life education, family and marital enrichment, parenting training program, Efficacy of training programs in mental health

### Unit 3 Psychosocial care services

Psychosocial care – concept, definition and practice

Psychosocial care service in varied situations - disasters/ migration/ displacement /emergencies, children in difficult circumstances, children and women in institutions, elderly, HIV/AIDS

### Unit 4 Extension of mental health services

Voluntary agencies in mental health, Services in correctional settings, Counselling cell in industry, Mental health services in schools, colleges and universities, Prison Mental Health, Mental Health issues in general health settings

### Unit 5 Policies, laws and programmes

National Mental Health Policy, 2014, National Mental Health Programme and District Mental Health Programme Centers of Excellence in Mental Health, Salient features including amendments of various acts in India

- · Mental Health Act
- · Rehabilitation Council of India Act
- · People with Disabilities Act
- National Trust for Welfare of Persons with Autism, Cerebral Palsy, Mental Retardation and Multiple Disabilities Act

#### References

- 1. Bare Acts of the relevant legislations
- 2. Duvall, EM. (1977). Marriage and Family Development. 5th edition. Philadelphia: J.B. Lippincott.
- 3. Freedman, A.M., & Kaplan H.I. (1972) Treating Mental Illness. Canada, McClelland and Stewart Ltd.
- 4. Hamza, M.D. (2011) Social Welfare Measures for Persons with Mental Disability. Bangalore, NIMHANS-ISPSW.
- 5. Isaac, M.K., Chandrashekar, C.R., Srinivasa Murthy, R. (1985) Manual of Mental Health for Medical Officers. Bangalore, NIMHANS.
- 6. Kalyanasundaram, S & Varghese, M. (2000) Innovations in Psychiatric Rehabilitation. Bangalore, Richmond Fellowship Society.
- 7. Kapur, M. (1995) Mental Health of Indian children. New Delhi/Thousand Oaks/London, Sage Publications.
- 8. Moorthi R S (2001). Community Mental Health in India, Bangalore: NIMHANS
- 9. Nagaraja, D. & Pratima Murthy (2008) Mental Health Care and Human Rights. New Delhi, National Human Rights Commission.
- 10. Saddock B.J. & Saddock VA. (2007) Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry. (10th edition). USA, Lippincott Williams & Wilkins and Wolters Kluwer Bussiness.
- 11. Sekar et al (2010). Women and Mental Health. 1st edition. NIMHANS, Bangalore
- 12. Sekar, K., Bhadra, S., Jayakumar, C., Aravind Raj, E., Grace Henry, Kishore Kumar, K.V. (2005). Facilitation manual for trainers of trainees in natural disasters. Bangalore: NIMHANS.
- 13. Sekar, K., Parthasarathy, P., Muralidhar, D., & Chandrasekhar Rao. (2007) Handbook of Psychiatric Social Work. Bangalore, NIMHANS.
- 14. Sekar, K., Parthasarathy, P., Muralidhar, D., & Chandrasekhar Rao. (2007) Handbook of Psychiatric Social Work. Bangalore, NIMHANS.
- 15. Srinivasa Murthy (eds.) (2000). Mental Health in India 1950-2000. Bangalore, People's Action for Mental Health (PAMH).
- 16. WHO (1998) Primary prevention of mental, neurological and psychosocial disorders. Geneva.