



केरल केन्द्रीयविश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA
Department of Social Work, School of Social Sciences
Tejaswini Hills, Periyar P.O, Kasaragod, Kerala, India- 671 316

MINUTES OF THE BOS MEETING- SOCIAL WORK -12TH APRIL 2018

Venue: Conference Board room, CUK, Periyar

Members present:

Dr. Mohan A K Chairperson BOS
Dr. Jilly John (Member)
Prof. (Dr) Sekar (External Member)
Dr. Rameela Shekar (External member)
Dr. Ashalekshmi (Member)
Dr. Dilip Diwakar G (Invited guest)
Dr. Laxmi (Invited Guest)

Agenda for the BOS Meeting

1. Inclusion of the old age pension scheme in the curriculum

It can be included in Unit II of the Social Policy and Social Legislation syllabus

2. New Open Elective Paper

i) Gender and society

- There should be five units and each unit should have minimum of five subunits to give scope to ask specific questions
- Gender concepts should be included
- Sex and sexuality
- Rather than sex ratio it has to be comprehensive to understand on the concept
- Positive aspects of gender should be included- Participation and decision
- Newer issues- Male harassment committee
- Even the new judicial judgments
- Third gender
- Different teaching methodology should be adopted to make it more interactive and interesting
- Case studies- Sumangali thittam, Devadasi, etc
- Visit to organization working on these aspects
- IEC to the community
- It looks like debate, it should be more specific.
- We will rework the syllabus and circulate among the members
- International women's fest in Kerala

ii) Gerontological Social Work

- Unit I- Instead of Concepts of elderly it should be concepts gerontology
Instead of elderly the terminology should be changed to gerontology in all the units
- Unit II- Psycho-Social Support- Issues on psycho-social aspects of the elderly and health issues. Also include the economic, safety, coping and other issues in unit II.
Support or interventions required to address their problems
- Unit III- The remaining aspects will remain same.
- Unit IV- Protective community and Caring community,
Visit to organizations for practical exposure- eg. Calicut NIMHANS, nearby organization
Tool word can be avoided as it is not necessary
- Unit V- Policies and programmes for elderly- Bring the Act pertaining to elderly, Human rights perspectives, programmes for uncared aged, caring of the careers.

Dr. Mohan A K
Dr. Mohan A K
Associate Professor

रामाज़कर्नार्य विभाग/Department of Social Work

केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala

केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala

केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala



केरल केन्द्रीयविश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA
Department of Social Work, School of Social Sciences
Tejaswini Hills, Periyar P.O, Kasaragod, Kerala, India- 671 316

iii) Participatory Methods for Planning and Management

- Unit III- Techniques of Participatory Matrix
Tools need to be developed
- Unit V- It should have practical aspects the proposal should be prepared based on their practical experience

iv) Community Health and Hygiene

Mental health, Social health, Spiritual Health can be added

Yoga, integrative medicines

Alternative/indigenous methods

3. Credits for rural camp, internship and block placement

Two credits are approved for Rural camp and study tour 7-10 days.

Four credits are approved for internship and Block Placement

4. Changes suggested in social policy and social legislation is approved by the BOS

Other Issues Discussed

Recommendations for New courses

1. Addiction related interventions

- Technological additions
- Social network-
- Internet
- Drugs

1. Diploma in Psychiatric Social Work

Mental Health Act- in force in July 2018. The definition of the SW there is a gap

Collaboration with the Mental Health Hospital

Department of Psychiatry to have collaboration with

2. Virtual Knowledge network course

Signature of BOS Members

Prof. (Dr) Sekar (External Member)

Dr. Rameela Shekar (External member)

Dr. Mohan A K, Chairperson BOS

Dr. Ashalekshmi (Member)

Dr. Jilly John (Member)

Dr. Dilip Diwakar G (Invited guest)

Dr. Laxmi (Invited Guest)

डॉ. मोहन ए. के/ Dr. Mohan A K
उपचारी/Associate Professor
समाजकार्य विभाग/Department of Social Work
केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala
तेजस्विनी हिल्स, पेरियर/Tejaswini Hills, Periyar
कासरगोड/Kasaragod, सिन/Pin 671316



केरल केन्द्रीय विश्वविद्यालय
CENTRAL UNIVERSITY OF KERALA
Tejaswini Hills, Periyar P.O, Kasaragod, Kerala, India- 671 316
DEPARTMENT OF SOCIAL WORK

Date: 12th April 2018

Board of Studies meeting Attendance Sheet

Sl. No.	Particulars	Signature
1	Dr. Mohan A K, Chairperson BoS, Department of Social Work, Central University of Kerala.	<i>M. Mohan</i> 12/4/18
2	Dr. K Sekar, Member, Professor of PSW, NIMHANS, Bangalore.	<i>K. Sekar</i> 12/4/18
3	Dr. Rameela Shekhar, Member, Professor and Dean, Department of Social Work, Roshini Nilaya Mangalore.	<i>R. Shekhar</i> 12/4/18
4	Dr. B T Lawani, Member, Director Yashwanthorao Chavan Institute Social Sciences, Bharati Vidyapeeth University, Pune.	<i>B. T. Lawani</i> 12/4/18
5	Prof. L Tarabai, Member, Former Professor and head, Madurai Kamaraj University, Madurai.	<i>A BSBWF</i>
6	Dr. Jilly John, Member, Assistant Professor, Department of Social Work Central University of Kerala	<i>ABSENT</i>
7	Dr. Ashalekshmi B S, <i>Member</i> , Department of Public Administration and Policy Studies, Central University of Kerala	<i>A. Ashalekshmi</i> 12/4/18
8	Dr. Dilip Diwakar Invited Assistant Professor, Department of Social Work Central University of Kerala	<i>Dilip Diwakar</i> 12/4/18
	Dr. Laxmi Invited Assistant Professor, Department of Social Work Central University of Kerala	<i>Laxmi</i> 12/4/18

M. Mohan
12/4/18
डॉ. मोहन ए के/ Dr. Mohan A K

उपाचार्य/Associate Professor - Chairperson
समाजकार्य विभाग/Department of Social Work BoS.
केरल केन्द्रीय विश्वविद्यालय/Central University of Kerala
तेजस्विनी हिल्स, पेरिया/Tejaswini Hills, Periyar

कासरगोड/Kasaragod, पिन/Pin 671316

SSW 5102 – FUNDAMENTALS OF PSYCHOLOGY FOR SOCIAL WORK PRACTICE

Course Objectives

- Understand the basics in psychology and psychological functions
- Recognize the significance of human growth and development
- Imbibe the basic theories of psychology
- Distinguish between normality and abnormality.

Course Outline

Unit 1 Introduction to Psychology

- Definition
- Mind – body relationship
- Relevance of psychology in social work practice

Unit 2 Psychological functions - I

- Motivation – Maslow's hierarchy of needs
- Learning – Behavioural child development theories – Pavlov, Skinner Personality –
- Psychoanalytic child development theories – Freud, Erickson

Unit 3 Psychological functions - II

- Memory and Intelligence Socialization
- Social child development theories – Bowlby, Bandura, Lev Ygotsky's

Unit 4 Human Growth and Development

- Stages of child development
- Physical, cognitive and psycho-social development in Infancy, childhood, adolescence, adulthood and old age

Unit 5 Normality & Abnormality

- Concept and differentiation,
- Common mental disorders

References:

1. Anstasi A.C. (1987). Psychological Testing, New York: Macmillan (Rev. Edition).
2. Bee, Helen (1999), Lifespan Development, Pearson Higher Education.
3. Coleman, James C. (1976), Abnormal Psychology and Modern Life, Allyn& Bacon.
4. Davidoff, L.L. (1981) Introduction to Psychology, Auckland; McGraw Hill Inc. Book Co.
5. Halls C.S. and Lindzey, G. (1978. Theories of Personality, New York : Wiley.
6. Hillgard, Atkinson and Atkinson (19750. Introduction to Psychology, New Delhi: McGraw Hill Publications.
7. Hurlock E.B (1995) Developmental Psychology, Tat McGraw Hill, New Delhi.
8. Kuppuswamy B.C. (1980). An Introduction to Social Psychology, Bombay: Media Promoters & Pub. Pvt. Ltd.
9. Lindon, Jennie (1998), Understanding Child Development, Thomson Learning.
10. Morgan, C . T. & King , R.A. (1975) Introduction to psychology, McGraw Hill, New

York.

11. Munn Norman, L. (1967) *Introduction to psychology*, Oxford and IBH, New Delhi.
12. Page, J.D. (1967) *Abnormal psychology*, John Wiley & sons, New York.
13. Saraswathi T.S, and Dutta, R. (1987) *Development Psychology in India*, Sage, Delhi.
14. Schimberg, L.B. (1985). *Human Development*, London: Macmillan Pub. Co. 2nd Ed.
15. Zastrow, C., &Kirst-Ashman, K. (1997) *Understanding human behaviour and the social environment*. Chicago: Nelson-Hall.