# SSW 5005- SOCIAL WORK PRACTICE WITH FAMILIES

## **Course Objectives**

- To understand the family as a social institution
- To understand the impact of Globalisation on family & social system.
- To sharpen the skills, techniques and interventions required for working with family.
- To understand the Governmental efforts for strengthening the families

#### **Course Outline**

#### Unit 1 Family as a social institution

Concept of family, Types and functions of family, Family dynamics- power, myths role and patriarchy in family Marriage - Changing situation in marriages and marital relationship

## Unit 2 Life span approach in understanding family

Stages in the family life cycle (Duwal and Eric Ericsson), Needs, tasks, responsibilities, Problems in each stage

### Unit 3 Family and Social changes

Family and gender, equity and equality. Concept and characteristics of social changes Impact of migration, industrialisation, urbanisation, liberalisation, privatization and globalization on family- changing functions, values relationship, communication Displacement and disaster generated change changes in the family (war, conflicts, riots, and natural calamities) and its implications

Vulnerability of families, marginalised families due to poverty, caste, cultural inequalities

# Unit 4 Quality of life and family

Concept of quality of life, Indicators of quality of life, Family and millennium goals

#### Unit 5 Working with families: interventions, techniques and skills

Family centred social work- problem solving approach Life enrichment programme-developmental approach. Programmes for family empowerment and protection of human rights Review of relevant policies, legislation and programmes on families ICDS, Microcredit component, component plan, Schemes for families, Public distribution System, Health- Family Welfare Programme, Health Insurance.

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